



# Shaner Elementary School MAY 2012 Lunch Menu

## School Nutrition Employee Appreciation Week is May 7 - 11, 2012

**JUST A REMINDER—Account Balances must be paid before June 1, 2012.**

### Optional Sandwich

#### Choices:

- PB&J Uncrustable (or)
- Bologna & Cheese on Wheat (or)
- Turkey on Wheat

#### Available Snacks:

- 4 oz. Yogurt— .75
- 4 oz. Pudding— .75
- 4 oz. Jell-O— .75
- 4 oz. Juice— .50
- 8 oz. Water— .50
- Baked Chips— .75
- Smart Cookie— .50

#### Milk Choices: .40









- 1% White 13g
- 1% Chocolate 24g
- 1% Strawberry 23g
- White Skim 12g
- Lactaid 13g

#### Meal Prices:

- Lunch 2.00
- Reduced Lunch .40
- Breakfast 1.00
- Reduced Breakfast .30
- Extra entrée w/ Lunch 1.00

#### What a Lunch consists of:

The meal always includes everything in the individual dated box. You may elect to pick a different fruit variety from our assorted basket daily. In order to get the above pricing you must pick a minimum of 3 different items on that date Up to the 5 offered for the listed meal price.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Fresh Fruit available daily.</b> <b>Cracker basket available daily.</b> <b>Menu subject to change.</b>	<b>1</b> Baked Chicken Tenders 15g Dipping Sauce 10g Steamed Broccoli 4g Mandarin Oranges 17g Milk	<b>2</b> Hot Pocket Baked Waffle Fries 19g Watermelon Cup Milk	<b>3</b> Baked Popcorn Chicken 10g Dipping Sauce 5g Golden Corn 17g Mixed Fruit Milk	<b>4</b> Stuffed Crust Pizza Fresh Garden Salad 5g Dressing 6g Assorted Fresh Fruit Cinco de Mayo Cookie Treat / Milk
<b>7</b> Cheeseburger on a Bun 28g Glazed Carrots 18g Fresh Apple Slices 8g Milk	<b>8</b> Baked Chicken Nuggets 15g Dipping Sauce 5g Baked Curly Fries 18g Fresh Fruit Cup Milk	<b>9</b> Reduced Fat/Reduced Sodium Macaroni & Cheese 28g Warm Bread Stick 12g Seasoned Green Beans 4g Orange Smiles 10g Milk	<b>10</b> Maple Glazed Pancakes 42g Sausage Links Apple Juice 14g Milk	<b>11 <u>Teddy Bear Picnic</u></b> Peanut Butter & Jelly Uncrustable Carrot Sticks Apple Slices Teddy Grahams Milk 
<b>14</b> Low Fat/Low Sodium Hot Dog on a Bun 23g Baked Potato Puffs 14g Fresh Apple 34g Milk	<b>15</b> Baked Chicken Tenders 15g Dipping Sauce 5g Mixed Vegetables 8g Fresh Grapes Milk	<b>16</b> Meatballs w/ Italian Bread Fresh Garden Salad 5g Dressing 6g Peaches & Cream 17g Milk	<b>17</b> Baked Chicken Sticks 18g Dipping Sauce 5g Celery Sticks 1.5g Applesauce 22g Milk	<b>18</b> French Bread Pizza Fresh Garden Salad 5g Dressing 6g Assorted Fresh Fruit Milk
<b>21</b> Cinnamon Glazed French Toast 48g Syrup 38g Sausage Links Orange Smiles 10g Milk 	<b>22</b> Baked Tostitos Scoops w/ Taco Meat 34g Reduced Fat Cheese, Lettuce & Tomato 5g Golden Corn 17g Milk 	<b>23</b> Tuna Hoagie w/ Lettuce & Tomato Baked Chips Fresh Apple Slices 8g Milk 	<b>24</b> Chicken Patty on a Bun 39g <i>(Allergens: Soy, Wheat)</i> Baked Sweet Potato Fries Assorted Fruit Milk 	<b>25 <u>Kindergarten Field Day Barbeque</u></b> Cheeseburger on a Bun 28g (Or) Hot Dog on a Bun 23g Bag of Chips Watermelon Wedge Assorted Beverages 
<b>28 School Closed Memorial Day</b> 	<b>29 <u>Kindergarten Field Day—“Rain Date”</u></b> Low Fat/Low Sodium Hot Dog on a Bun 23g Baked & Seasoned Potato Wedges 16g Mixed Fruit / Milk 	<b>30</b> Turkey Hoagie w/ Lettuce & Tomato Baked Chips Watermelon Cup Milk	<b>31</b> Baked Chicken Sticks 18g Dipping Sauce 5g Baked Curly Fries 18g Pineapple Tidbits 17g Milk	<b>There is no trans fat in our chicken items. Only reduced fat cheese is used in all menu items. Hot dogs &amp; Taco Meat are made from beef and turkey. Ham slice and Canadian bacon are made from turkey.</b>