



Davies Middle School MAY 2012 Lunch Menu

School Nutrition Employee Appreciation Week is May 7 - 11, 2012

JUST A REMINDER—Account Balances must be paid before June 1, 2012.



Student Salad

Platters:

- MON**– Chicken Caesar
- TUES**– Egg & Bacon
- WED**– Chicken Taco
- THURS**– Chef Salad
- FRI**– Chicken Pasta

PBJ Uncrustable 55g
 Bagel Platter-Daily
Served w/ celery & carrot sticks, fruit & milk.

Carbohydrate amounts are as accurate as possible, however brands and menus are subject to change.

Available Snacks:

- 4 oz. Juice– .50
- 8 oz. Water– .50
- 4 oz. Pudding– .75
- 6 oz. Yogurt– 1.00
- Baked Chips– .75
- Smart Cookies - .75

Milk Choices: .40

- 1% White Milk 13g
- 1% Chocolate 24g
- 1% Strawberry 23g
- Skim 12g
- Lactaid 13g

Student Prices:

- Lunch 2.10
- Reduced .40
- Breakfast 1.00
- Reduced .30
- Extra entrée w/lunch\$1.00**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh Fruit available daily. Cracker basket available daily. Menu subject to change.	7 Cheeseburger on a Bun 28g Glazed Carrots 18g Fresh Apple Slices 8g Milk	1 = <i>Spicy</i> General Tso's Chicken 36g <i>(Allergens: Wheat, Eggs, Soy, Milk)</i> Steamed Broccoli 4g Mandarin Oranges 17g Milk	2 Cheese Steak on a Whole Grain Roll 38g Baked Waffle Fries 19g Watermelon Cup Milk	3 Baked Popcorn Chicken 10g Dipping Sauce 5g Golden Corn 17g Mixed Fruit Milk	4 Stuffed Crust Pizza 28g Fresh Garden Salad 5g Dressing 6g Assorted Fresh Fruit Cinco de Mayo Cookie Treat / Milk
14 Low Fat/Low Sodium Hot Dog on a Bun 23g Baked Potato Puffs 14g Fresh Apple 34g Milk	8 Baked Chicken Nuggets 15g Dipping Sauce 8g Baked Curly Fries 18g Fresh Fruit Cup Milk	9 Reduced Fat Macaroni & Cheese 28g Warm Bread Stick 12g Seasoned Green Beans 4g Orange Smiles 20g Milk	10 Maple Glazed Pancakes 42g Syrup 36g Sausage Patty 8g Apple Juice 14g Milk	11 Pepperoni Pizzatas 21g Fresh Garden Salad 5g Dressing 6g Diced Pears Milk	17 = <i>Spicy</i> Baked Buffalo Chicken Tenders 15g Dipping Sauce 5g Celery Sticks 1.5g Applesauce 22g Milk
21 Cinnamon Glazed French Toast 48g Syrup 38g Sausage Patty 8g Orange Smiles 20g Milk	15 Baked Chicken Tenders 15g Dipping Sauce 5g Mixed Vegetables 8g Fresh Grapes Milk	16 Meatball Hoagie on a Whole Grain Roll 28g Baked French Fries 11g Peaches & Cream 17g Milk	18 French Bread Pizza Fresh Garden Salad 5g Dressing 6g Assorted Fresh Fruit Milk	22 Baked Tostitos Scoops w/ Taco Meat 34g Reduced Fat Cheese, Lettuce & Tomato 5g Golden Corn 17g Milk	23 Tuna Hoagie w/ Lettuce & Tomato Baked Chips Fresh Apple Slices 8g Milk
28 No School Memorial Day! 	25 Pizza Crunchers 28g Fresh Garden Salad 5g Dressing 6g Assorted Fresh Fruit Milk	24 Chicken Patty on a Bun 37g <i>(Allergens: Soy, Wheat)</i> Baked Sweet Potato Fries Fresh Grapes Milk	29 Baked Chicken Sticks 18g Dipping Sauce 5g Baked Curly Fries 18g Pineapple Tidbits 17g Milk	30 Low Fat/Low Sodium Hot Dog on a Bun 23g Baked & Seasoned Potato Wedges 16g Mixed Fruit Milk	31 Turkey Hoagie w/ Lettuce & Tomato Baked Chips Watermelon Cup Milk
25 Pizza Crunchers 28g Fresh Garden Salad 5g Dressing 6g Assorted Fresh Fruit Milk	There is no trans fat in our chicken items. Only reduced fat cheese is used in all menu items. Hot dogs & Taco Meat are made from beef and turkey. Ham slice and Canadian bacon are made from turkey.				